

Gamete Alerts

Smoking abandonment improves the Sperm concentration and semen volume in Infertile Men

Now days smoking is a very common and it causes many health problems including reproductive health in both women and men more than alcohol or any other caffeine. This finding shows how after 3 month of abandonment of smoking can improve the Sperm volume and it's concentration in infertile men. This might be an indicator of effects of the smoking on accessory glands and improvement due the smoking cessation. This also shows an improvement in sperm motility. Study showed that smoking cessation may improve semen quality and reduce the number of patients with abnormal parameters by improving semen volume, sperm concentration and total sperm count. Therefore, infertile patients should be strongly advised to quit smoking before any treatment.

Sperm concentration and semen volume increase after smoking cessation in infertile men

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